

Independent Living Centers



TIP SHEET

Independent Living Centers (ILCs) are community-based, independent nonprofit organizations that are run by and for individuals with disabilities. They provide services that help those with disabilities lead independent, productive, and meaningful lives.

WHAT SERVICES DO ILCs PROVIDE?

All ILCs provide a core set of services geared toward promoting equal access, self-advocacy, personal growth, peer role modeling, and empowerment. These core services include:

- Peer counseling and support
- Independent living skills training:
 - Budgeting
 - Meal preparation
 - Transportation arrangement
 - Job search
 - Self-advocacy
- Information and referral services
- Individual and systems advocacy

OTHER SERVICES PROVIDED:

- Housing assistance
- Assistance with benefits and entitlements
- Help overcoming communication barriers
- Non-clinical personal counseling
- Help obtaining, using, repairing, and maintaining assistive equipment
- Voter registration assistance
- Disability awareness training
- Training and workshops on disability issues and laws
- Development of Plans to Achieve Self Support (PASS) for SSI/SSDI public assistance
- Community-specific training and services

Call your local ILC to find out what services they provide (see page 2).





AIM - Outreach Office | Independent Living Center

County: Allegany
Address: 84 Schuyler Street
Belmont, NY 14813
Phone: 1-888-962-8244 ext.410

Directions in Independent Living (DIL) | Independent Living Center

County: Cattaraugus
Address: 512 West State Street
Olean, NY 14760
Contact Name: Leonard X. Liguori, Executive Director
Email: info@oleanilc.org
Phone: (716) 373-4602 V & TTY

OAIIIO, Native American Independent Living Services (WNYIL) | Independent Living Center

County: Cattaraugus, Erie
Address: c/o Western New York Independent Living, Inc.
3108 Main Street
Buffalo, NY 14214

Contact Name: Cynthia Printup-Harms, Program Director
Email: cynthiaph@wnyil.org
Phone: (716) 836-0822, extension 120
Cattaraugus, Tonawanda and Tuscarora participants can call 1-800-348-8399

Southwestern Independent Living Center, Inc. (SILC) | Independent Living Center

County: Chautauqua
Address: 843 N. Main Street
Jamestown, NY 14701
Contact Name: Marie Carrubba, Executive Director
Email: marie@ilc-jamestown-ny.org
Phone: (716) 661-3010
(716) 661-3012 TTY

Western New York Independent Living, Inc. (WNYIL) | Independent Living Center

County: Erie
Address: 3108 Main Street
Buffalo, NY 14214
Contact Name: Douglas Usiak, Executive Director
Email: djusiak@buffalo.edu
Phone: (716) 836-0822 V & TTY

Independent Living of Genesee Region (ILGR) | Independent Living Center

County: Genesee
Address: 113 Main Street
Suite 5
Batavia, NY 14020
Contact Name: Rae Frank, Director
Email: rfrank@wnyil.org
Phone: (585) 815-8501

Genesee Region independent Living Center (GRILC)

County: Genesee
Address: 61 Swan St
Batavia NY 14020
Contact Name: Robert W. Fleming - Executive Director
Email: grilc@bccis.com
Phone: (585) 343-4524 VOICE
(585) 343-4524 TDD

Independent Living of Niagara County (ILNC) | Independent Living Center

County: Niagara
Address: 746 Portage Road
Niagara Falls, NY 14301
Contact Name: Sarah Lanzo, Executive Director
Email: slanzo@wnyil.org
Phone: (716) 284-4131
(888) 567-6454 Toll Free

Niagara Frontier Cil, Inc.

County: Niagara
Address: 1522 Main Street
Niagara Falls NY 14305
Contact Name: Kathleen Pautler - Executive Director
Phone: (716) 284-2452 VOICE
(716) 284-0829 TDD

