

New York State



*transition
partners*

Learning Community
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www.nystransitionpartners.org

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KEYS TO A SUCCESSFUL TRANSITION

Overview

- ⦿ Goals
- ⦿ Early Identification
- ⦿ Disability
 - Redetermination
 - Ticket to Work
- ⦿ Healthcare
 - Health Homes
- ⦿ ACCES-VR
- ⦿ Resources

Goals

- Employment
- College
 - Section 504 - anti-discrimination, civil rights statute
- Independence
- Self-reliance
- Mental and emotional wellbeing
- Quality of life

Early Identification

- ⦿ Better outcomes
 - Assessment
 - Identification of problem areas
 - Incorporating supports
 - Family
 - Schools
 - Medical Providers

Comparing Youth with MH Disorders to Their Peers

- ⦿ Difficulty with:
 - Completing school
 - Adult responsibilities
 - Social roles
- ⦿ Period when many MH disorders emerge
- ⦿ Self-esteem



Disability



- Social Security Administration
- Medically determinable physical or mental impairment
 - Marked and severe functional limitations and can be expected to result in death
 - Has lasted or can be expected to last for a continued period of not less than 12 months

Redetermination

- If eligible as a child during the month before the month age 18, a Continuing Disability Review (CDR) will be completed to re-determine if individual is still disabled
- The rules that used for adults who file new SSI applications will apply

Ticket to Work



- Allows for gainful employment while maintaining Medicaid
- Maintain cash benefits
- Receive vocational rehabilitation services and gain work experience
- Protections in place to re-instate benefits, unable to continue work due to disability

Healthcare

- ⦿ Transitioning from a pediatric to adult healthcare providers
 - Medical information
 - Consent
 - Communication
 - Durable medical equipment
 - Lifestyle – Nutrition, exercise, sleep
 - Medication

Health Homes

- Medicaid eligible
- Primary MH diagnosis, 2 co-occurring chronic medical conditions and/or HIV/AIDS
- Integrate the delivery of physical and behavioral health services
- Identify and address needs early to prevent escalation and longer term need for higher end services
- Remain in community and at home with support services

Health Homes

- Provide care coordination and planning
- Ensure continuity of care and comprehensive transitional care from service to service
- Incorporate a specific assent/consent process that recognizes the legal right of the youth to seek specific care without parental/guardian consent
- Ensure smooth transition from current care management models to Health Home
 - Transition plan for care management payments

Health Homes

- Department of Health (DOH)
- Office of Mental Health (OMH)
- Office of Alcohol and Substance Abuse Services (OASAS)
- Office of Child and Family Services (OCFS)
- NYC Department of Health and Mental Hygiene (NYC DOHMH)

Health Home Providers

[NY State Network – Department of Health](#)



 **NYSED**.gov

ACCES-VR

ACCES-VR

- Maintain employment and to support independent living through training, education, rehabilitation, and career development
- Individuals who are under age 25 at application are considered a youth applicant.

ACCES-VR

- The youth has a disability
- The disability creates a barrier to employment
- The youth can benefit from rehabilitation services
- Vocational rehabilitation services are required to achieve employment
 - Having an IEP or a 504 plan does not guarantee eligibility for ACCES-VR.

On Track  NY

My health. My choices. My future.

On Track NY

Early intervention treatment program for adolescents and young adults who have had a first episode of psychosis (unusual thoughts and behaviors or hallucinations).

- 19 locations throughout New York
- www.ontrackny.org

On Track NY Eligibility

- ⦿ For adolescents and young adults
 - 16-30 years of age
 - Schizophrenia, schizoaffective disorder, schizophreniform, psychosis not otherwise specified, or delusional disorder.
 - Symptoms lasting at least one week
 - ≤ 2 years since the first onset of psychotic symptoms
 - New York State Resident

On Track Eligibility Rule Outs

- ⦿ Developmental disabilities (IQ < 70)
- ⦿ Primary diagnosis of substance induced psychosis, psychotic mood disorder, or psychosis secondary to a medical condition
- ⦿ Serious or chronic medical illness significantly impairing functioning independent of psychosis

On Track Early Intervention Services

- Team leadership
- Case management
- Supported education and employment
- Psychotherapy
- Family education and support
- Pharmacotherapy
- Primary care coordination

Resources

● Disability Rights New York

www.drny.org

- Client Assistance Program (CAP)
- Protection and Advocacy for Individuals with Mental Illness (PAIMI)
- Protection and Advocacy for Voting and Access (PAVA)



Resources

- Center for Parent Information and Resources

www.parentcenterhub.org/repository/mentalhealth

- NY State Information for Children Teens and Their Families

www.omh.ny.gov/omhweb/childservice

- Pathways

www.pathwaysrtc.pdx.edu

- Positive Behavioral Interventions and Support

www.pbis.org/school/school-mental-health/children-support

Resources

- Voices 4 Hope

www.voices4hope.net

- Think College

www.thinkcollege.net

- National Center on Secondary Education and Transition

www.ncset.org

- Transition Independence Process (TIP) Model

www.tipstars.org

Resources

- OMH Transition Age Youth

www.omh.ny.gov/omhweb/consumer_affairs/transition_youth/resources

- Youth Rules

www.youthrules.gov

- Skills to Pay the Bills

www.dol.gov/odep/topics/youth/softskills

- Youth Power

www.youthpowerny.org

QUESTIONS?

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